

# PLOIDOGEST-PRO 300mgSR Tablet

*Natural Micronized Progesterone for Hormonal Health and Pregnancy Support*

**Balance hormones. Support fertility. Improve quality of life.**

## Product Overview

PLOIDOGEST-PRO 300mgSR Tablet contains natural micronized progesterone, a vital hormone used in the treatment of menstrual disorders, pregnancy-related complications, and hormone replacement therapy (HRT). It is commonly prescribed to help maintain hormonal balance, manage infertility, and reduce the risk of endometrial hyperplasia.

For best results, take the tablet with food at the same time daily and continue treatment as directed by your physician.

## Active Ingredient

- **Progesterone (Natural Micronized) – 300 mg**

## Key Benefits

### 1. Hormone Replacement Therapy (HRT)

- Relieves menopausal symptoms: hot flashes, mood swings, vaginal dryness, and reduced libido
- Prevents endometrial hyperplasia when combined with estrogen
- Improves quality of life during menopause

### 2. Fertility and Pregnancy Support

- Regulates ovulation and menstrual cycles in women with progesterone deficiency
- Prepares the uterine lining for pregnancy
- Supports early pregnancy and prevents complications like threatened abortion or preterm labor

## Directions for Use

- Take as prescribed by your doctor
- Swallow the tablet whole with water, preferably at bedtime
- Do not crush or chew the tablet

## **Storage Instructions**

- Store in a cool, dry place away from sunlight
- Keep out of reach of children

## **Possible Side Effects**

- Abdominal pain, nausea, vomiting
- Abnormal vaginal bleeding
- Edema (swelling), bloating
- Headache, dizziness, drowsiness
- Breast pain, vaginal yeast infection, hair loss

If symptoms persist or worsen, consult your doctor.

## **Warnings & Precautions**

Avoid PLOIDOGEST-PRO 300mgSR if you:

- Are allergic to progesterone or soya
- Have a history of breast/genital cancer, liver disease, blood clots, stroke, or unexplained vaginal bleeding
- Are pregnant or breastfeeding unless advised by a doctor

Use caution if you have diabetes, high blood pressure, asthma, seizures, lupus, migraines, gallstones, or depression. Avoid driving if drowsy.

## **Frequently Asked Questions (FAQs)**

### **1. What is it used for?**

PLOIDOGEST-PRO 300mgSR is used in HRT, to treat amenorrhea, maintain pregnancy, and prevent endometrial thickening.

### **2. How does it work?**

It restores hormonal balance, induces secretory changes in the uterus, and supports early pregnancy by relaxing the uterine muscles.

### **3. Does it increase the risk of blood clots?**

Yes, especially in people with a history of clotting disorders. Seek medical help if symptoms of clots appear.

#### **4. Why combine it with estrogen?**

To reduce the risk of endometrial cancer associated with estrogen-only therapy.

#### **5. Should I stop before surgery?**

Yes, inform your doctor. You may need to stop the medication 4–6 weeks prior to surgery.

#### **6. Is it a contraceptive?**

No. Use an additional contraceptive method while on this medication.

#### **7. Does it cause weight gain?**

Weight gain may occur but is usually not directly caused by the drug.

#### **8. Can I take it daily?**

Yes, take once daily, preferably in the evening or as directed by your physician.

#### **9. What are the signs of low progesterone?**

Missed periods, abnormal bleeding, difficulty conceiving, abdominal pain, and recurrent miscarriages.

## **Trust PLOIDOGEST-PRO 300mgSR for Total Hormonal Support**

**PLOIDOGEST-PRO 300mgSR** is a reliable solution for addressing hormonal imbalances, supporting fertility, and improving well-being throughout all reproductive phases.