

## **CARLITENDO-C2**

*Comprehensive Joint Support Formula* Reclaim mobility. Protect your joints. Live fully.

### **What is CARLITENDO-C2?**

CARLITENDO-C2 is a scientifically formulated dietary supplement designed to promote joint comfort, support cartilage health, and enhance overall mobility—perfect for those looking to stay active at any age.

### **Power-Packed with Key Nutrients**

#### **Collagen Type-II (40 mg)**

- Maintains cartilage structure
- Supports joint flexibility
- Reduces stiffness

#### **Sodium Hyaluronate (30 mg)**

- Provides cushioning to joints
- Enhances mobility
- Supports hydration in cartilage

#### **Vitamin D3 (300 IU)**

- Strengthens bones
- Improves calcium absorption
- Reduces joint load

#### **Magnesium (40 mg)**

- Enhances bone density
- Aids muscle relaxation
- Promotes joint function

#### **Boswellia (200 mg)**

- Plant-based anti-inflammatory
- Eases joint pain and swelling
- Supports long-term joint comfort

#### **Curcumin (100 mg)**

- Fights oxidative stress
- Reduces joint inflammation
- Supports joint tissue integrity

#### **EPA & DHA (150 mg)**

- Omega-3s for joint lubrication
- Reduces morning stiffness
- Promotes joint fluidity

### **Selenium (20 mcg)**

- Potent antioxidant protection
- Preserves joint cells
- Aids tissue repair

### **Vitamin B12 (1 mcg)**

- Supports nerve health
- Helps reduce tingling and discomfort
- Promotes cellular energy

## **How to Use**

Take 1 tablet daily after your main meal, or as recommended by your healthcare professional.

## **Why Choose CARLITENDO-C2?**

- Thoughtfully balanced nutrients
- Ideal for active individuals and aging adults
- Safe for daily use
- Non-habit forming

## **Important Safety Tips**

- Read label instructions carefully
- Store in a cool, dry place
- Keep out of reach of children
- Do not exceed the recommended dosage
- Not intended to replace medical advice or treatment

## **Frequently Asked Questions**

**How can I strengthen my bones naturally?** Incorporate calcium-rich foods like dairy, almonds, leafy greens, and fortified options. Regular exercise, especially weight-bearing activities, combined with Vitamin D3, supports healthy bone formation.

**What helps lubricate joints naturally?** Healthy fats from foods like fatty fish, walnuts, flaxseeds, and olive oil provide omega-3 fatty acids that help reduce inflammation and keep joints moving smoothly.

**Get Back to What Moves You:** CARLITENDO-C2 gives your joints the care they deserve—naturally and effectively.