



# QALNERVO-FORTE Tablet

*Comprehensive Nutritional Support for Nerve, Bone & Immune Health*

**Restore vitality. Support immunity. Energize your system.**

## Product Overview

QALNERVO-FORTE Tablet is a scientifically formulated nutritional supplement containing a unique blend of essential vitamins and minerals. It is designed to correct nutritional deficiencies and support the normal functioning of the nervous system, immune function, energy metabolism, and bone health.

## Active Ingredients (Per Tablet)

- **Benfotiamine – 150 mg**
- **Methylcobalamin – 1500 mcg**
- **Folic Acid – 1.5 mg**
- **Pyridoxine (Vitamin B6) – 3 mg**
- **Vitamin D3 – 1000 IU**
- **Calcium – 500 mg**
- **Inositol – 100 mg**
- **Alpha Lipoic Acid – 200 mg**
- **Chromium – 200 mcg**

## Key Benefits

- Corrects essential vitamin and mineral deficiencies
- Promotes healthy nerve function and reduces neuropathic discomfort
- Supports red blood cell formation and iron absorption
- Enhances energy metabolism and protein synthesis
- Strengthens immunity and protects against oxidative stress
- Promotes bone strength and calcium absorption
- Helps manage blood sugar levels and improves circulation

# How QALNERVO-FORTE Works

Each component plays a unique role:

- **Benfotiamine & Pyridoxine:** Enhance nerve function and energy production
- **Methylcobalamin & Folic Acid:** Promote red blood cell formation and address B12 deficiency-related nerve issues
- **Alpha Lipoic Acid:** Antioxidant that neutralizes free radicals and boosts vitamin E and C function
- **Inositol:** Improves blood vessel relaxation and circulation
- **Chromium:** Regulates blood sugar and metabolic activity
- **Vitamin D3 & Calcium:** Improve calcium absorption, bone density, and muscle health

## How to Use

- Follow the dosage as directed by your doctor
- Swallow the tablet whole with water
- Can be taken with or without food
- Take at the same time daily for consistent results

## Storage Instructions

- Store below 30°C in a dry place
- Protect from direct sunlight and moisture
- Keep out of reach of children

## Possible Side Effects

- Most are mild and resolve as the body adjusts
- If symptoms persist, consult your healthcare provider

## Frequently Asked Questions (FAQs)

### 1. What is QALNERVO-FORTE used for?

It is used to correct nutritional deficiencies, support nerve function, improve immunity, and maintain bone and metabolic health.

### 2. Can QALNERVO-FORTE be taken daily?

Yes, it is typically prescribed for daily use. Follow your doctor's instructions for best results.

### **3. Does QALNERVO-FORTE help with neuropathy?**

Yes, ingredients like Methylcobalamin, Benfotiamine, and Alpha Lipoic Acid are beneficial in managing symptoms of nerve pain and neuropathy.

### **4. Can this be taken with other medications?**

Consult your doctor before combining it with other supplements or medications to avoid interactions.

### **5. Is QALNERVO-FORTE safe during pregnancy?**

While some ingredients support pregnancy health, always consult your gynecologist before using it during pregnancy or breastfeeding.

### **6. Does it cause drowsiness or other side effects?**

It is generally well tolerated. Mild side effects like nausea or stomach upset may occur but usually subside.

### **7. Can people with diabetes take QALNERVO-FORTE?**

Yes, it contains Chromium and Alpha Lipoic Acid, which may help regulate blood sugar levels. However, consult your healthcare provider before use.

## **Energize Your Life with QALNERVO-FORTE**

**QALNERVO-FORTE Tablet** delivers essential support for your nerves, bones, and overall health—helping you live with strength, balance, and renewed vitality.