



# CARLITENDO-T1

***Targeted Support for Joint Pain & Tendon Health***

**Relieve pain. Rebuild strength. Restore mobility.**

## Product Overview

**CARLITENDO-T1** is a scientifically developed dietary supplement designed to support individuals dealing with arthritis and tendinopathies. This comprehensive formula combines clinically researched ingredients—including Chondroitin Sulfate, Collagen Peptides, Sodium Hyaluronate, Vitamin C, Boswellia, and Curcumin—to help relieve joint pain, reduce inflammation, and enhance tendon recovery.

Boswellia delivers natural anti-inflammatory action to improve joint mobility, while Curcumin helps reduce oxidative stress and supports cartilage and connective tissue health.

## Key Ingredients & Their Benefits

### **Collagen Type I (40 mg)**

- Promotes cartilage regeneration
- Enhances bone strength and joint flexibility

### **Chondroitin Sulfate (200 mg)**

- Protects cartilage-forming cells (chondrocytes)
- Slows joint degeneration
- Reduces pain and supports joint elasticity

### **Sodium Hyaluronate (30 mg)**

- Mimics natural joint fluid for lubrication
- Reduces friction during joint movement
- Supports smooth, pain-free mobility

### **Vitamin C (20 mg)**

- Combats oxidative stress
- Reduces inflammation
- Boosts collagen synthesis and tissue repair

### **Boswellia Extract (200 mg)**

- Natural anti-inflammatory agent
- Eases joint stiffness and pain
- Improves joint function and flexibility

### **Curcumin (100 mg)**

- Antioxidant and anti-inflammatory
- Supports cartilage health
- Helps alleviate chronic joint discomfort

## **Directions for Use**

Take one tablet daily with a full glass of water, preferably during meals, or as directed by your healthcare provider. Do not crush or chew the tablet.

## **Why Choose CARLITENDO-T1?**

- Complete support for joint and tendon health
- Includes evidence-based, trusted ingredients
- Effective for arthritis and tendinopathy relief
- Safe for consistent daily use

## **Possible Side Effects**

CARLITENDO-T1 is generally well-tolerated. If you experience any unexpected symptoms, consult your healthcare provider promptly.

## **Frequently Asked Questions**

### **What is CARLITENDO-T1 used for?**

CARLITENDO-T1 helps alleviate joint inflammation, ease pain, and prevent cartilage degeneration. It also supports tendon repair in cases of chronic or acute tendinopathy.

### **Should I take CARLITENDO-T1 with food?**

You may take it with or without food. If you experience stomach sensitivity, it is best taken after meals.

## **How can I manage arthritis pain naturally?**

Engage in gentle physical activities such as walking, swimming, or yoga to improve flexibility and reduce stiffness. Hot/cold therapy and a joint-friendly diet—including supplements like CARLITENDO-T1—can further support joint health.

## **Take Control of Your Joint Health**

**CARLITENDO-T1** empowers your body's natural healing so you can stay active, pain-free, and mobile every day.